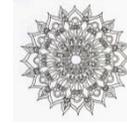


BEAR VALLEY FREE COMMUNITY YOGA



YOGA SCHEDULE



Mondays

12:00pm to 1:30pm

Yoga @ the Tamarack Lodge

In nearby Tamarack

Wednesdays

12:00pm to 1:30pm

Yoga @ the Perry Walther Community Center

In Bear Valley

Taught by Patty Miles, Certified Yoga Instructor. All levels welcome. Open to residents of the Greater Bear Valley Community. Mats, blankets, blocks and straps will be provided. Please bring your own if you have them.

Sponsored by Alpine County MHSF funds. 75C Diamond Valley Rd., Markleeville, CA 96120 530.694.1816

