

Alpine County Mental Health Board

April 27th, 2017

Meeting Minutes

**Human Health Services
Conference Room**
75A Diamond Valley Road
Markleeville, CA 96120

MEMBERS PRESENT

Jane Sweeney
Jessica Bennett
Rita Lovell
Katherine Rakow

MEMBERS ABSENT

Jema Kimmel



Roll Call

Via Teleconference (712) 775-7031 ID No. 874-825#

Location: Alpine County Sheriff Substation

88 Bear Valley Rd., Bear Valley CA 96120

Attendee(s): **Community Member** Kati Krayk, MHSA Specialist

Other Attendees:

Alissa R. Nourse, BHS Director
Deb Goerlich, BHS Admin Asst. III

1. **Call to order regular meeting:**

The meeting was called to order at 12:05 p.m.

2. **Oral Communication - General Public Comment**

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on matters not listed on the agenda.

No General Public Comment

3. **Consent Agenda**

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

3.1 Request approval of regular meeting minutes of 01/26/2017 with corrections.

MOTION R. Lovell /SECOND J. Bennett to approve the regular meeting minutes

AYES: R. Lovell, J. Bennett, J. Sweeney, J. Kimmel,

NOES: NONE

MOTION CARRIED

4. **New Business:**

4.1 Discussion and possible action on the May 50+ Potluck "Ending Stigma" Event hosted by the Mental Health Board.

- **The potluck to be hosted by the Mental Health Board Members**
- **Swag to be handed out at the Potluck- BHS purchased "Each Mind Matters" Water Bottles and Alpine County coffee mugs with the Alpine County Seal and Crisis Number displayed**

5. **Unfinished Business**

5.1 Director Report- Alissa Nourse or designee

- **May is Mental Health Awareness Month 2nd Proclamation of the Board of Supervisors**
- **Random Acts of Kindness Project implemented at Diamond Valley School. The Students came up the idea of having T-shirts that say "Stay Calm and Be Kind". The children will wear their shirts for the month of May. Alissa, BHS Director, ordered shirts for ALL county employees to support the children in their project. The shirts will be handed out at the Board of Supervisors meeting and also to the County staff on 5/2/2017.**
- **Reminder that Kevin Hines Presentation on 5/24/2017 at TRP 10:00 a.m. and 6:00 pm at the Hung-A-Lel-Ti Gym. RSVP recommended for the evening session, as dinner will be served.**
- **Dissemination of the May Monthly Message "Each Mind Matters", S.A.F.E. Talk Flyer & "Won't Asking Or Talking About Suicide Put Ideas Into Their Heads?" Flyers. These handouts will be supplied to the DVS staff.**
- **The MHSA Annual Update and Three Year Program & Expenditure Plan FY 2017-20 is posted around the county for 30 days. The next MHB meeting will be a public Hearing for public comment for the final plan**
- **Alissa introduced Melanie Smokey – Native Wellness Advocate. She has had great success in engaging with the community and many participants in her basketry program**
- **Pending Board approval- Hiring Misty Dees, Drug and Alcohol Program Specialist and Dawn Riddle, MHSA Specialist**
- **Reported on the Integrated Health Meeting: Jordan Wolffen, BHS & HHS working together to integrate the Public Health and the Behavioral Health Systems**

5.2 Program Improvement Plan (PIP) Review

- **Seeking Safety is on Session Two**
- **Staff compares data from the first group and those who did not participate for outcome data**
- **The non-clinical PIP will be data to collect; will having a Crisis Intervention Team (CIT) lessen hospitalizations?**
- **CIT (Alpine County Sheriff's Office) have reported that most crisis calls were from folks that were not Alpine County Behavioral Health clients**
- **The meeting is going well. The Sheriff office learned more about**

Approved as submitted on 5/26/2017

the importance of HIPAA, both Alpine & Douglas counties during the CIT Presentation

• CIT Team consist of:

BHS – Clinical team, BHS Director, MHSA Coordinator
Sheriffs – Brian Lowry
HHS Director , CPS & APS
Live Violence Free
Tahoe Youth & Family Services
Suicide Prevention Network

To be invited:

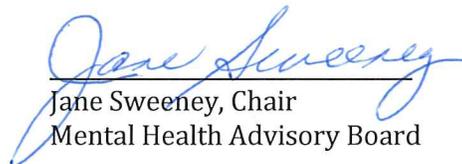
Douglas County Sheriff's office & CIT
Washoe Tribe Sheriff's office & CIT
El Dorado County Sheriff's office & CIT
Alpine County Mental Health Board Members

6. **Board Member Reports:**

- A) Chair Sweeney reported: She is very pleased with the progress of the Crisis Intervention Team (CIT). Jane will not be able to attend the Kevin Hines presentation. BHS Director reported that the presentation will be recorded.
- B) Vice Chair Bennett reported that there will a new BHS screening to help with the process on the Integrated Health system
- C) Member Rakow: nothing to report at this time
- D) Member Kimmel reported: NOT PRESENT
- E) Member Lovell reported that there is grant coming out to provide Veterans with resources and inquired if any of the members new of any Veteran's in the community. She was referred to Cassandra who has a list.

7. **Adjournment: 1:00 pm**

The next Public Hearing meeting of the Mental Health Board will be held on May 25th, 2017 at the Firehouse Wellness Center, 96 Washoe Blvd., Markleeville, CA 96120.


Jane Sweeney, Chair
Mental Health Advisory Board

