Alpine County Mental Health Board

January 26, 2017

Special Meeting Notes

Firehouse Wellness Center 96 Washoe Blvd., Markleeville, CA 96120

MEMBERS PRESENT

MEMBERS ABSENT

Jane Sweeney Jessica Bennett Rita Lovell

Katherine Rakow



Roll Call

Via Teleconference (712) 775-7031 ID No. 874-825# **Location: Alpine County Sheriff Substation** 88 Bear Valley Rd., Bear Valley CA 96120 Attendee(s): Member Jema Kimmel

Other Attendees:

Alissa R. Nourse, BHS Director Deb Goerlich, BHS Admin Asst. III Misty Stewart, Live Violence Free- Alpine Coordinator Dr. Patrick Traynor, DVS Superintendent

Call to order regular meeting: 1.

The meeting was called to order at 12:05 p.m.

2. Oral Communication - General Public Comment This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on matters not listed on the agenda.

No General Public Comment

3. **Consent Agenda**

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

3.1 Request approval of Special meeting minutes of 12/1/2016.

MOTION J. Sweeney/SECOND J. Bennett to approve the special meeting minutes

AYES: J. Sweeney, J. Bennett, R. Lovell **NOES: NONE MOTION CARRIED**

Acknowledge as submitted on 3/23/217

- 4. New Business:
 - **4.1** Request selection of Chair for calendar year 2017 Nominations open

MOTION J. Bennett/SECOND Rita Lovell for the nomination of J. Sweeney

AYES: J. Bennett, R. Lovell, J. Kimmel

NOES: NONE MOTION CARRIED

4.2 Request selection of Vice Chair for calendar year 2017 Nominations open

MOTION J. Sweeney/SECOND J. Kimmel for the nomination of J. Bennett

AYES: J. Sweeney, J. Kimmel, R. Lovell

NOES: NONE MOTION CARRIED

4.3 Discussion and possible action for Mental Health Board Advisory Member(s) to attend the 2017 National NAMI Convention in Washington D.C., June 28th – July 1, 2017.

MOTION J. Bennett/SECOND J. Kimmel for the recommendation to the Board of Supervisors to approve the travel of Jane Sweeney and Rita Lovell to attend the 2017 NAMI Convention in Washington D.C.

AYES: J. Bennett, J. Kimmel, R. Lovell, J. Sweeney

NOES: NONE MOTION CARRIED

4.4 Discussion and possible action for Mental Health Board Advisory Member(s) to attend the NAMI Annual Conference in Newport Beach, CA, August 25th – August 26, 2017.

MOTION R. Lovell/SECOND J. Kimmel for the recommendation to the Board of Supervisors to approve the travel of Jane Sweeney and Jessica Bennett to attend the NAMI Annual Conference in Newport Beach CA

AYES: Rita Lovell, J. Kimmel, J. Sweeney, J. Bennett

NOES: NONE MOTION CARRIED

4.5 Discussion of Kevin Hines presentation on May 24, 2017.

Informational Flyer Disseminated. The Presentation will be held at Turtle Rock Park. BHS Director requested that a MHB member attend to represent the Mental Health Board.

4.6 Program Improvement Plan (PIP) Review

PowerPoint Presentation given by Alissa R. Nourse, BHS Director.

The GAIN Assessments have begun in January, anticipated to have the data completed by February. The GAIN will determine the eligibility of those who will be enrolled in the Seeking Safety Program.

Acknowledge as submitted on 3/23/217

4.7 Discussion and possible action for the Data Notebook 2016 for Local Mental Health Boards & Commissions use in reporting to the California Mental Health Planning Council (CMHPC).

The Data Notebook was handed out and PowerPoint Presentation was given by Alissa R. Nourse, BHS Director. Continue to complete the Notebook Data at the next schedule meeting.

SCHEDULED AT THE NEXT MEETING

5. Unfinished Business

5.1 Director Report - Alissa Nourse

Director disseminated:

- The Director's Report
- The Alpine County Mental Health Board 2017 Calendar
- Flyer for the Alpine County Behavioral Health Services New Facility Stakeholder Meeting on February 15th, 2017.

6. Board Member Reports:

A) Chair Sweeney reported: Kevin Hines is coming to Alpine County.

The Community Building meeting on February 15^{th} , 2017, from 5:30-7:00 pm at Turtle Rock Park regarding the Alpine County Behavioral Health Services New Facility.

- B) Vice Chair Bennet reported: She shared that she had visited with Dr. Smith, Principal at Diamond Valley Elementary and his interest in collaborating with ACBHS.
 - C) Member Rakow reported: Not present.
- D) Member Kimmel reported: With all the new snow and isolation, there has been an increase of folks wishing to speak with a counselor in Bear Valley. ACBHS was able to collaborate and set up sessions with those interested. She also reported that Kati Krayk is doing at great job with hosting Create the Good.
- E) Member Lovell reported: She shared that she really enjoys the Yoga class held at the Learning Center in Woodfords.

7. Adjournment: 1:00 pm

The next regular meeting of the Mental Health Board will be held on February 23, 2017, at the HHS Conference Room, 75A Diamond Valley Road, Markleeville, CA 96120.

Jane Sweeney, Chair

Mental Health Advisory Board