

Approved with corrections on 4/27/17

Alpine County Mental Health Board

March 23, 2017

Meeting Minutes

Firehouse Wellness Center
96 Washoe Blvd.,
Markleeville, CA 96120

MEMBERS PRESENT

Jane Sweeney
Jessica Bennett
Rita Lovell
Katherine Rakow

MEMBERS ABSENT

None

Roll Call

Via Teleconference (712) 775-7031 ID No. 874-825#

Location: Alpine County Sheriff Substation

88 Bear Valley Rd., Bear Valley CA 96120

Attendee(s): Member Jema Kimmel

Other Attendees:

Alissa R. Nourse, BHS Director
Deb Goerlich, BHS Admin Asst. III

1. Call to order regular meeting:

The meeting was called to order at 12:04 p.m.

2. Oral Communication - General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on matters not listed on the agenda.

No General Public Comment

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

3.1 Request approval of regular meeting minutes of 01/26/2017.

MOTION J. Kimmel/SECOND R. Lovell to approve the regular meeting minutes

AYES: J. Kimmel, R. Lovell, J. Sweeney, J. Bennett,

NOES: NONE

MOTION CARRIED

4. New Business:

NONE



5. Unfinished Business

5.1 Completion of the Data Notebook 2016 for Local Mental Health Boards & Commission use in reporting to the California Mental Health Planning Council (CMHPC) for submission.

- Electronic version of the Data Notebook was presented by Alissa R. Nourse, BHS Director
- Board Members participated in developing the responses to the questions outlined in the Data Notebook.
- Data Notebook 2016 for Local Mental Health Boards & Commissions completed and submitted to the California Mental Health Planning Council (CMHPC)

5.2 Program Improvement Plan (PIP) Review

Seeking Safety still in process, there are less participants than BHS had hoped for. The PIP is about finding a problem and creating a solution with the data provided.

6. Board Member Reports:

A) Chair Sweeney reported: DVS is implementing a new program based on the Sandy Hook program. She had a meeting with Principal, Dr. Smith, he felt as though it would leave a negative impression to use that particular program. They will be using a Diamond Valley version of the Sandy Hook program in the month of May. She also met the Student Advisory Council, they reported that there will be a HAWK assembly every week of the month of May with topics such as:

- Keeping Kindness – Journals to be made by the Student Council
- Learning to say “Hello” in the language of the student’s choice, they will wear names tags
- The Student Council is making a video of the trending “I like you sticky notes” project

B) Vice Chair Bennett: nothing to report at this time

C) Member Rakow: nothing to report at this time

D) Member Kimmel reported: Kati Krayk, MHSA Program Specialist, is working hard and doing a great job. She is staying positive and upbeat with the after effects of the recent flood damage to the County Building in Bear Valley. The community is working together to get into the Walter Perry Building.

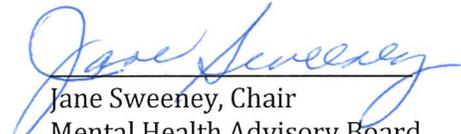
E) Member Lovell reported: The evening Yoga is going great!

I’ve noticed a large amount of folks coming in to the Library feeling overwhelmed and depressed. A lot are upset with the recent events on the news regarding the possible upcoming changes on Health coverage and funding cuts to several other programs. I’d like to come up with a “happy event” to cheer everyone up—maybe a guest speaker who can talk about staying positive or a comedian... something to help add some levity to life.

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7. **Adjournment: 1:00 pm**

The next regular meeting of the Mental Health Board will be held on April 27, 2017, at the HHS Conference Room, 75A Diamond Valley Road, Markleeville, CA 96120.


Jane Sweeney, Chair
Mental Health Advisory Board

