

Public Health Brief

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INCIDENT FACTS AND SUMMARY – Alpine County			
Total confirmed cases	Total new confirmed cases in Oct/Nov	East Slope – new cases in Oct/Nov	West Slope – new cases in Oct/Nov
50	47	47	0
Active cases (currently in isolation)	Released from isolation to date	Residents currently hospitalized	Total COVID-19 deaths
7	43	1	0

CURRENT SITUATION

- Due to the positivity of our current tests, we are likely to be moving from the ORANGE
 Tier into the RED Tier tomorrow. See the following link for more details as to what that
 means: Blueprint for a Safer Economy Coronavirus COVID-19 Response (ca.gov)
- Many of our new cases are due to small gatherings with friends and family. The
 following link can help you plan how to visit with those you care about while still taking
 appropriate precautions. https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Guidance-for-the-Prevention-of-COVID-19-Transmission-for-Gatherings-November-2020.aspx
- It is extremely important to stay home when you are sick please do not go shopping, go to work, or visit!
- If you are contacted by our health department and asked to isolate or quarantine, please cooperate with us to protect your household, health care workers, and our community.



- Continue to get tested:
 - o If you do not have symptoms, we have drive through testing in Bear Valley every other Monday, every Wednesday in Kirkwood, and every Thursday in Woodfords.
 - If you have symptoms, contact the Health Department at 530-694-2146 for evaluation and testing.
- What is happening in surrounding areas?
 - Douglas County and Carson City have seen a tremendous increase in new cases in the last few weeks, and Carson Valley Medical Center and Carson Tahoe Hospital are nearly full. Douglas County now reports 3 deaths.
 - Washoe County is reporting about 6 deaths per day and has over 200 persons hospitalized.
 - Barton Hospital reports 10 confirmed patients in house, with 4 ICU patients, as El Dorado County also reports that the South Lake Tahoe area is experiencing a surge of new cases.
- California reports a total of 1,171,324 cases, with over 12,000 new cases per day. There have been 19,033 deaths so far. 6,647 persons are currently hospitalized, which is about 75% of the peak hospitalizations during the summer. Estimates are that we are on our way to somewhere between 12,000 20,000 persons hospitalized in California at a time in the days to come. Tragically, 51,801 health care workers have become infected in California, and 218 have died.
- New guidance from the California Department of Public Health:
 - temporary structures for outdoor business operations: <u>Use of Temporary</u>
 <u>Structures for Outdoor Business Operations (ca.gov)</u>
 - restaurants, wineries, and bars, updated Nov 25: <u>Industry guidance to reduce risk</u>
 <u>- Coronavirus COVID-19 Response (ca.gov)</u>



YOUR ACTIONS SAVE LIVES

California is experiencing the fastest increase in cases we have seen yet – faster than what we experienced at the outset of the pandemic and this summer. If COVID-19 continues to spread at this rate, it could quickly overwhelm our health care system and lead to catastrophic outcomes. Protect yourself, family, friends, health care workers and community by following these prevention measures:

- Staying home except for essential needs/activities and following local and state public health guidelines when visiting businesses that are open.
- Staying close to home, <u>avoiding non-essential travel</u>, and practicing <u>self-quarantine</u> for 14 days after arrival if you leave the state.
- Keeping gatherings small, short and outdoors and limiting them to those who live in your household.
- Wearing a cloth face mask when out in public.
- Washing hands with soap and water for a minimum of 20 seconds.
- Avoiding touching eyes, nose or mouth with unwashed hands.
- Covering a cough or sneeze with your sleeve, or disposable tissue. Wash your hands afterward.
- Avoiding close contact with people who are sick.
- Staying away from work, school or other people if you become sick with respiratory symptoms like fever and cough.
- Answer the call if a contact tracer from your local health department tries to connect.
 Contact tracers will connect you to free, confidential testing and other resources, if needed.
- Following guidance from public health officials.

Warm Line: 530-694-1011

