

Approved as submitted on 6/5/2020.

Alpine County Mental Health Board

February 27, 2020

Meeting Minutes

HHS Conference Room

75-A Diamond Valley Road
Markleeville, CA 96120

MEMBERS PRESENT

Jessica Bennett, Chair
Rita Lovell, Vice Chair
Jane Sweeney
Michelle Lundy
Katherine Rakow, BOS Liaison

MEMBERS ABSENT

Jema Kimmel

Other Attendees:

Deb Goerlich, BHS Admin Asst. III
Gail St. James, BHS Director
Nani Ellis, Fiscal & Administrative Supervisor
Matthew Strahl, ACUSD Superintendent

1. Call to order regular meeting:

The meeting was called to order at 12:02 p.m.

2. Oral Communication - General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on matters not listed on the agenda.

No General Public Comment

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

3.1 Request approval of regular meeting minutes of 09/26/2019.

MOTION R. Lovell/SECOND J. Sweeney to approve the regular meeting minutes

AYES: R. Lovell, J. Sweeney, J. Bennett, M. Lundy

NOES: NONE

MOTION CARRIED

3.2 Request approval of regular meeting minutes of 11/21/2019.

MOTION J. Sweeney/SECOND J. Bennett to approve the regular meeting minutes

AYES: J. Sweeney, J. Bennett, R. Lovell, M. Lundy

NOES: NONE

MOTION CARRIED

4. New Business:

**4.1 Request selection of Chair for calendar year 2020
Nominations open**

MOTION R. Lovell/SECOND J. Sweeney for the nomination of J. Bennett

AYES: R. Lovell, J. Sweeney, M. Lundy, J. Bennett

NOES: NONE

MOTION CARRIED

**4.2 Request selection of Vice Chair for calendar year 2020
Nominations open**

MOTION J. Bennett /SECOND, J. Sweeney for the nomination of R. Lovell

AYES: J. Bennett, J. Sweeney, M. Lovell, R. Lovell

NOES: NONE

MOTION CARRIED

4.3 Discussion and possible action to implement a Food Bank in Bear Valley.

- Chair Bennett reported that at the November MHB meeting, public comment stated there was an interest to have a Food Bank in Bear Valley. This item was referred to Alpine County Human & Health Services.
- BHS Director reported that this also was brought up at the MHSA Stakeholders meeting in Bear Valley. She stated there are families that are residents that request food from HHS and it is distributed by the Bear Valley Clinician, CeeCee McPherson

5. Unfinished Business

5.1 Discussion and possible action for the recruitment of new MHB members and transportation options.

- Jane to bring up recruitment at the BOS meeting
- The object is for transportation to be utilized by MHB members using Dial-A-Ride through Behavioral Health voucher system. Chair Bennett to compile information of the process from other counties and to research the WIC and relay the information to the BHS Director.

- 5.2 Discussion and possible action on the annual dues for the California Association of Local Behavioral Health Boards and Commissions (CALBHBC). Invoice has arrived

MOTION R. Lovell/SECOND M. Lundy to approve the CALBHBC annual dues

AYES: R. Lovell, M. Lundy, J. Sweeney

NOES: NONE

RECRUSAL: J. Bennett

MOTION CARRIED

- 5.3 Discussion to revise the Mental Health Advisory Board By-Laws adopted 12/05/2017 per the "Today's Law as Amended"

- Discussion on how the WIC 5604.5 has changed and how vital is that Alpine County Behavioral Health make the amendments so the MHB Bylaws comply with the regulations – Bylaws disseminated to members for review.

- 5.4 Director Report – Gail St. James, LMFT or designee

- The BHS building completion to be sometime in April 2020.
- Triennial Plan of Correction has been sent to the State.

- 5.5 Program Improvement Plan (PIP) Review - Gail St. James, LMFT or designee

- BHS Director reported the PIP, both clinical and non-clinic is required by the External Quality Review Organization (EQRO):

Clinical PIP - Mindful Breathing Stress Reduction (MBSR), Dual Diagnosis, Women's Empowerment and AOD provided however, it is difficult to maintain groups in Alpine County. Too few clients to have groups work, as when a person cancels, the group dissolves.

Non-Clinical PIP – Improve the amount of no shows by calling 24 hours in advance and possibly the same day with appointment reminders.

Encouraging clients when cancel or not showing by asking what can we do to get you're here? Do you need childcare, transportation or are you ill?

- 5.6 Quarterly Financial Review – Nani Ellis, Fiscal & Administrative Supervisor

- This Monday, interim budget meeting with the County. Last year there were a lot of unknowns; new hires and promotions. The budget is in good order for ALL the programs. There is a lot of fluctuation of funds. MHSA 100% secure through 2021. All is well, status quo.

5.7 MHSA (Mental Health Services Act) Update on 3 Year Plan 2020-2023 – Gail St. James, BHS Director

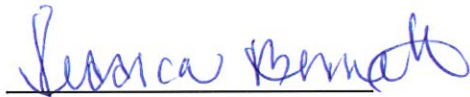
- Stakeholder meeting this year very different from the past. There were stages of a teaching piece throughout the county. Aug/Sept was NEEDS, at Kirkwood, Bear Valley and Hung-A-Lel-Ti. Then STRENGTHS and how to use those strengths JAN strategize how to fill those GAPS. Now Amy, MHSA Coordinator and Janet Stevens, LCSW are working on the draft for the 3YR MHSA PLAN. Entailing every project that MH will be doing in the communities in the next 3 years. The draft is posted for 30 days for comments. Then the Public Hearing will be held, at which time the MHB will vote on approval of the 3YR MHSA PLAN and make recommendation to the Board of Supervisor (BOS) for approval.

6. **Board Member Reports:**

- A) Chair Bennett - welcomed and thanked Michelle Lundy for joining, "I appreciate everyone's time"
- B) Vice Chair Lovell - nothing to report
- C) Katherine Rakow, BOS Liaison - Nothing to report
- D) Jema Kimmel - not present
- E) Jane Sweeney - nothing to report at this time
- F) Michelle Lundy - "I appreciate being a part of this board. Happy to have a voice!"

7. **Adjournment: 12:58 pm**

The next regular meeting of the Mental Health Board will be held on March 26, 2020 at the Firehouse Wellness Center, 96 Washoe Blvd., Markleeville, CA 96120



Jessica Bennett Chair
Mental Health Advisory Board