Alpine County COVID Decision Tree for Non-School, Non-Healthcare Exposures (Adapted from Yuba/Sutter and Nevada County Public Health)

Have you been within 6 feet of a COVID-positive person for at least 15 minutes over a 24-hour period?

- **Yes**
  - You are a close contact. Do you have any symptoms*? (Yes or No)
  - If Yes: Get tested for COVID-19 (rapid).
  - If No: Stay home until you feel better, including for at least 24 hours after any fever ends. No need to quarantine. Wear a mask in public for 10 days after exposure.

- **No**
  - You are not a close contact. Continue to follow precautions.

Are you up-to-date with COVID-19 vaccination?**

- **Yes**
  - No need to quarantine. Monitor for symptoms and wear a mask in public for 10 days. Get tested (PCR) for COVID 5 days after exposure.
  - Test Negative
  - Isolate after positive test collected. Tell any close contacts from 2 days before your positive test that they were exposed. Can be out of isolation if test collected on day 5 (rapid) or later is negative. If positive, must isolate until test is negative, or 10 days have passed. Wear a mask while in public until 10 days have passed.
  - Test Positive
  - Quarantine for 5 days and get tested on day 5 (PCR). If negative, can leave home, continue to wear a mask around others for 5 more days. If you test positive: (Isolate after positive test collected. Tell any close contacts from 2 days before your positive test that they were exposed. Can be out of isolation if test collected on day 5 or later is negative (rapid). If positive, must isolate until test is negative, or 10 days have passed. Wear a mask while in public until 10 days have passed.)

- **No**
  - Test Positive
  - Quarantine now and test on day 5 (rapid). If negative, can be out but continue to wear a mask around others for 5 more days. If you test positive:
  - Test Negative
    - Isolate after positive test collected. Tell any close contacts from 2 days before your positive test that they were exposed. Can be out of isolation if test collected on day 5 (rapid) or later is negative. If positive, must isolate until test is negative, or 10 days have passed. Wear a mask while in public until 10 days have passed.
  - Test Positive
    - Quarantine for 5 days and get tested on day 5 (PCR). If negative, can leave home, continue to wear a mask around others for 5 more days. If you test positive: (Isolate after positive test collected. Tell any close contacts from 2 days before your positive test that they were exposed. Can be out of isolation if test collected on day 5 or later is negative (rapid). If positive, must isolate until test is negative, or 10 days have passed. Wear a mask while in public until 10 days have passed.)

*Symptoms of COVID-19 include fever, chills, cough, shortness of breath, headache, sore throat, body/muscle aches, runny or stuffy nose, loss of taste or smell, nausea, vomiting, or diarrhea.

**Up to date means fully vaccinated + booster if eligible (5-6 months after Pfizer or Moderna vaccines or 2 months after J&J vaccine).