

## Alpine County Mental Health Board 2023 Calendar

**MEETINGS ARE HELD 12 PM – 1 PM on the FOURTH THURSDAY of the month, UNLESS OTHERWISE NOTED**

*The mission of ACBHS is to provide safe, ethical and accessible services that inspire personal growth and development through strength-based behavioral health programs and supportive connections.*

<b>JANUARY</b> <b>1/26/2023</b> Hybrid Meeting (in person and zoom)	<ul style="list-style-type: none"> <li>• Elections</li> <li>• Director Report</li> <li>• Recruitment for MHB members</li> </ul>	<i>Confirm Annual Meeting Calendar</i>
<b>FEBRUARY</b> <b>2/23/2023</b>	<ul style="list-style-type: none"> <li>• Discuss MHB Member presence at May 50+</li> <li>• Ending Stigma Event/Guest Speaker in May for MH Awareness month?</li> </ul>	<i>Guest speaker for MAY?</i>
<b>MARCH</b> <b>3/23/2023</b>	<ul style="list-style-type: none"> <li>• Ending Stigma Event planning</li> <li>• Quarterly Financial Review</li> <li>• 30-day posting of the Annual update MHPA plan 2022 for public review and comment</li> </ul>	
<b>APRIL PUBLIC HEARING</b> <b>4/27/2023</b>	<ul style="list-style-type: none"> <li>• Public hearing w/ comments</li> <li>• MHB to vote on approval of MHPA plan and recommend to BOS for approval</li> <li>• May is Mental Health Awareness Month</li> </ul>	<i>MHB meeting for the Three Year MHPA Public Hearing w/ Comments &amp; the approval of the MHPA recommendation to the BOS  <b>May 50+ Potluck????</b></i>
<b>MAY</b> <b>5/25/2023</b>	<ul style="list-style-type: none"> <li>• Review trainings completed or due</li> </ul>	
<b>JUNE</b> <b>6/22/2023</b>	<ul style="list-style-type: none"> <li>• BHS Staff Visit</li> <li>• Quarterly Financial Review</li> <li>•</li> </ul>	
<b>JULY</b> <b>7/27/2023</b>	<ul style="list-style-type: none"> <li>•</li> </ul>	
<b>AUGUST</b> <b>8/24/2023</b>	<ul style="list-style-type: none"> <li>• BHS Staff visit</li> <li>•</li> </ul>	<i>Clinical Staff to visit MHB.                  NAMI National Convention                  NAMI CA Convention</i>
<b>SEPTEMBER</b> <b>9/28/2023</b>	<ul style="list-style-type: none"> <li>• Quarterly Financial Review</li> <li>•</li> </ul>	
<b>OCTOBER</b> <b>10/26/2023</b>	<ul style="list-style-type: none"> <li>• BHS Staff visit</li> <li>• DATA Notebook</li> <li>•</li> </ul>	<i>MHPA staff to visit MHB.</i>
<b>NOVEMBER</b> <b>11/16/2023</b> PREVIOUS Thursday due to holiday	<ul style="list-style-type: none"> <li>• Review 2024 Mental Health Board Calendar</li> <li>• EQRO Update</li> <li>• DATA Notebook</li> </ul>	<i>Meeting held one week early due to Thanksgiving holiday</i>
<b>DECEMBER</b> <b>12/22/2022</b> Cancelled due to the Holiday	N/A	N/A