

# Alpine County Mental Health Board

March 7, 2019

## Special Meeting Minutes

### Firehouse Wellness Center

HHS Conference Room  
75-A Diamond Valley Rd  
Markleeville, CA 96120



### MEMBERS PRESENT

Jane Sweeney  
Jessica Bennett  
Rita Lovell

### MEMBERS ABSENT

Katherine Rakow

### ROLL CALL:

Jema Kimmel

### Via Teleconferencing location at:

County Services Building  
367 Creekside Drive, Bear Valley Ca 95223  
Call in number (712) 775-7031  
Access Code: 874-825

### Other Attendees:

Deb Goerlich, BHS Admin Asst. III  
Gail St. James, BHS Director

### 1. Call to order regular meeting:

The meeting was called to order at 12:00 p.m.

### 2. Oral Communication - General Public Comment

**This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on matters not listed on the agenda.**

No General Public Comment

### 3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

#### 3.1 Request approval of regular meeting minutes of 01/24/2019.

**MOTION R. Lovell/SECOND J. Bennett to approve the regular meeting minutes**

**AYES: R. Lovell, J. Bennett, J. Kimmel**

**NOES: NONE**

**MOTION CARRIED**

**4. New Business:**

- 4.1** Discuss May 50+ Potluck "Ending Stigma" Event
- Mental Health Board members to host the event on May 9<sup>th</sup>, 2019. Guest speaker is to be determined.
- 4.2** Discussion and possible action for Mental Health Board Advisory Member(s) to attend the 2019 National NAMI Convention in Seattle, WA – June 19-22, 2019
- **NO ACTION TAKEN**
- 4.3** Discussion and possible action for Mental Health Board Advisory Member(s) to attend the 2019 NAMI Annual Conference in Newport Beach, CA, May 31–June 1, 2019.
- MOTION/J. Bennett SECOND. R. Lovell for both MHB Chair and Vice-Chair to attend the Annual Conference in Newport Beach, CA**  
**MOTION AYES: J. Bennett, R. Lovell, J. Kimmel**  
**NOES: NONE**  
**MOTION CARRIED**
- 4.4** Discussion and possible action on the 2018 Data Notebook for Local Behavioral Health Boards and Commissions.
- Data Notebook was disseminated to members for input. Notebook to be viewed electronically for completion the next scheduled meeting
- 4.5** Discussion and possible action on recruitments for MHB members and alternates
- Member Kimmel has a prospect in Bear Valley
  - Member Bennet will use the CALBHS/C training as a catalyst to gain membership for the Mental Health Board. She will invite the CIBHS trainer to come to Alpine County to train the MHB Members
- 4.6** Discussion and possible action on members attending the CA Local Behavioral Health Boards & Commission (CALBHB/C) Bay Area Meetings and Training on March 16<sup>th</sup> in Oakland, CA
- MOTION. Bennett /SECOND R. Lovell for the approval the Chair and Secretary to attend**  
**AYES: J. Sweeney, J. Bennett, R. Lovell**  
**NOES: NONE**  
**MOTION CARRIED**
- 4.7** Discussion and possible action on members attending the CA Local Behavioral Health Boards & Commission (CALBHB/C) Statewide Meetings/Training on April 9<sup>th</sup> and April 10<sup>th</sup> in Sacramento, CA

**NO ACTION TAKEN**

- Building update: the Road is in, the pad is up. Structure to begin around March 1<sup>st</sup>, 2019
- Financial: Budgets to move money around; the previous Director Alissa Nourse built the foundations.
- Departmentally: Move folks around according to their strengths
- Funds: Re-alignment funds probably to decrease in a very minor way

**5.1 Program Improvement Plan (PIP) Review**

- Non-Clinical PIP
- Clinical PIP – Evidence Base Program in order to collect data. What happens in Alpine County, even though we are improving, there is little data to gather the percentages

In the past, the County was required to have two PIPS. It is now four.

The Non-Clinical PIP; Missed therapy sessions and No Shows.

STUDY QUESTION: With the implementation of encouraging the clients to keep scheduled sessions, i.e., transportation, child care.

**6. Board Member Reports:**

- A) Chair Sweeney gave her resignation of MHB Chair. She reported on the Soup Kitchen on Feb. 2, proceeds go Paradise, CA for help with relief efforts.
- B) Vice Chair Bennett had nothing to report. She wish Jane well.
- C) Member Rakow not present.
- D) Member Kimmel reported that Create the Good in Bear Valley starting up after the Holidays. The new Clinician Cecilia McPherson has been busy seeing people. The folks were very happy for the Holiday Meals. Skiing is great and a lot of folks are working and making money.
- E) Member Lovell reported that the Library is handing out “Wellness Bags” from grant money through HHS from the Tobacco Funds. The bags included coloring books, crayons and pencils. Books, such as poetry, smoking cessation, yoga, stress release and wellness. She thanked Jane for her support.

**7. Adjournment: 12:59 pm**

**The next regular meeting of the Mental Health Board will be held on February 28, 2019 at the HHS Conference Room, 75A Diamond Valley Road, Markleeville, CA 96120.**



Jessica Bennett Chair  
Mental Health Advisory Board

