



## Public Health Brief

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Sunday November 8, 2020

### Isolation and Quarantine – What are They – What is the Difference?

For those of you who grew up in Alpine County and went to school here, this piece was recorded by “Dr. Brie”. She went to Diamond Valley School and Douglas High School from 1990 to 1998. Some of you may still remember her as a classmate. Her maiden name was Brianna Cross. Take a few moments and listen to what she has to say.

[https://www.facebook.com/watch/live/?v=367587464581473&ref=watch\\_permalink](https://www.facebook.com/watch/live/?v=367587464581473&ref=watch_permalink)



**Public Health**

Prevent. Promote. Protect.

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District 1: vacant, District 2: Ron Hames, District 3: Katherine Rakow,

District 4: Terry Woodrow, District 5: David Griffith