



Public Health Brief

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Tuesday December 29, 2020

Regional-Stay-at-Home Order

The following is a Press Release from the state at Noon today. Implications for Alpine County:

- We are in the Greater Sacramento Region.
- The data shows we are at 19.1% staffed bed ICU capacity, above the threshold of 15%.
- Our region will be evaluated for possible change on January 1st.
- **Many folks think that if we are >15% on the 1st, we will be released from the Order.**
- **This is a serious error. In fact, we will stay under the Regional Stay-at-Home Order until the region's four-week projections show that we are expected to stay above the threshold of 15%.**
- **The chances of this happening on January 1st are slim to none.**
- Therefore, I would full expect that we will continue to be under this order for most of not all of the month of January.
- As an individual, or as a business owner, I would plan accordingly, and expect that we as a county will do all within our power to encourage compliance with this state order.
- We encourage questions, and complaints about non-compliant businesses, be directed to our Warm Line at 530-694-1011.

What is the current status of COVID-19 activity in Alpine County? We have a total of 66 laboratory confirmed cases, with two active cases, and one hospitalization. Since we are in such good shape, why should we comply with the restrictions of the Order? The risk to our residents come from non-essential travel and mixing with multiple households. Once it gets into a household, the risk of spread to other household members is high. In addition to the cases as noted among residents, we have had cases among persons who work in Alpine County but reside in neighboring counties and state of Nevada. In summary, it can be residents bringing illness into the county, or visitors or workers bringing illness into the county. How are we going to preserve our relatively good status? By following the individual guidelines for masking, physical distancing, handwashing, and minimizing gatherings, and complying with the restrictions on business during this crucial next month, we increase our chances of successfully buying time until many are vaccinated.



Public Health
Prevent. Promote. Protect.

Alpine County Health Department, 75-B Diamond Valley Rd., Markleeville, CA 96120
Alpine County Board of Supervisors, Phone: (530) 694-2281
District 1: January Riddle, District 2: Ron Hames, District 3: Katherine Rakow,
District 4: Terry Woodrow, District 5: David Griffith

State Officials Announce Latest COVID-19 Facts

As COVID-19 Surge Continues to Overwhelm ICU Capacity, Regional Stay at Home Order Remains in Effect for San Joaquin Valley and Southern California

SACRAMENTO –The California Department of Public Health (CDPH) announced the most recent statistics on COVID-19, including data on intensive care unit (ICU) capacity across the state. Based on ICU data, four regions, San Joaquin Valley, Southern California, Greater Sacramento and the Bay Area continue under the Regional Stay at Home Order. Projected ICU capacity over the next four weeks in San Joaquin Valley and Southern California remains below 15% and as such both regions will stay under the Regional Stay at Home Order. Once a region's four-week projection shows an ICU capacity of greater than or equal to 15%, the order will be lifted for that area. ICU projections are calculated daily.

Current Available ICU Capacity by [Region](#)

- Bay Area: 10.4%
- Greater Sacramento: 19.1%
- Northern California: 27.9%
- San Joaquin Valley: 0.0%
- Southern California: 0.0%

Current Status of Regional Stay at Home Order in Affected Regions

- San Joaquin Valley: Remains under order because four-week ICU projections are less than 15%.
- Southern California: Remains under order because four-week ICU projections are less than 15%.
- Greater Sacramento: Will remain under the order until January 1 at the earliest with potential to extend depending on four-week ICU capacity projections.
- Bay Area: Will remain under the order until January 8 at the earliest with potential to extend depending on four-week ICU capacity projections.

The ICU capacity projections are based on four factors: current estimated regional ICU capacity available, measure of current community transmission, current regional case rates and the proportion of ICU cases being admitted. Decreasing community transmission and increasing the health system capacity can help a region's projected ICU capacity so they can exit the order.

Regional Stay-at-Home Order:

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Regional-Stay-at-Home-Order-.aspx>

Frequently Asked Questions:

<https://covid19.ca.gov/stay-home-except-for-essential-needs/#questions-and-answers>

Alpine County Current Statistics: [COVID-19 | Alpine County, CA - Official Website](#)



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