

Alpine County COVID Decision Tree for Non-School, Non-Healthcare Exposures (Adapted from Yuba/Sutter and Nevada County Public Health)



Have you been within 6 feet of a COVID-positive person for at least 15 minutes over a 24-hour period?

Yes

No

You are not a close contact. Continue to follow precautions.

You are a close contact. Do you have any symptoms*?

Yes

No

Are you **up-to-date** with COVID-19 vaccination**?

Get tested for COVID-19 (**rapid**).

Test Negative

Test Positive

Are you **up-to-date** with COVID-19 vaccination**?

Yes

No

No

Yes

No need to quarantine. Monitor for symptoms and wear a mask in public for 10 days. Get tested (**PCR**) for COVID 5 days after exposure.

Test Negative

Test Positive

Stay home until you feel better, including for at least 24 hours after any fever ends. No need to quarantine. Wear a mask in public for 10 days after exposure.

Quarantine now and test on day 5 (**rapid**). If negative, can be out but continue to wear a mask around others for 5 more days. If you test positive:

Isolate after positive test collected. Tell any close contacts from 2 days before your positive test that they were exposed. Can be out of isolation if test collected on day 5 (**rapid**) or later is negative. If positive, must isolate until test is negative, or 10 days have passed. Wear a mask while in public until 10 days have passed.

Quarantine for 5 days and get tested on day 5 (**PCR**). If negative, can leave home, continue to wear a mask around others for 5 more days. If you test positive:

No need to quarantine. Monitor for symptoms and wear a mask in public for 10 days after exposure. If any symptoms, isolate and get tested.

Isolate after positive test collected. Tell any close contacts from 2 days before your positive test that they were exposed. Can be out of isolation if test collected on day 5 or later is negative (**rapid**). If positive, must isolate until test is negative, or 10 days have passed. Wear a mask while in public until 10 days have passed.

*Symptoms of COVID-19 include fever, chills, cough, shortness of breath, headache, sore throat, body/muscle aches, runny or stuffy nose, loss of taste or smell, nausea, vomiting, or diarrhea.

** Up to date means fully vaccinated + booster if eligible (5-6 months after Pfizer or Moderna vaccines or 2 months after J&J vaccine).