

Alpine County Mental Health Advisory Board

October 28, 2021

Meeting Minutes

(via Zoom)



MEMBERS PRESENT

Deb Goerlich, Chair
Rita Lovell, Vice Chair
Becky Thornburg, Member
Kate Harvey, Member

MEMBERS ABSENT

Irvin Jim, BOS Supervisor Liaison
Dale Bennett, Member
Jane Sweeney, Member

Other Attendees/Guests:

Teri McAlpin, BHS Employee (minutes)
Michelle Kaner, BHS Employee
Katie Johnston, BHS Employee
Dawn Riddle, BHS Employee

1. Call to order regular meeting:

The meeting was called to order at 12:17pm

2. Oral Communication – General Public Comment

This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on matters not listed on the agenda. 3 minutes per person respectively.

a. None

3. Consent Agenda

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

a. Discussion with Possible Action: Request Approval of 9/23/21 regular meeting minutes. A motion was made and seconded.

MOTION: Becky Thornburg

SECOND: Kate Harvey

Ayes: Rita Lovell, Becky Thornburg, Kate Harvey, Deb Goerlich

Nays: None

Abstained: None

MOTION CARRIED

4. Unfinished Business

a. Discussion with Possible Action: By-Laws review – possibly revise/update By-Laws

i. Members discussed possible revisions to the current bylaws including:

1. Importance of attending stakeholder meetings – article I, 3

2. Meeting locations – article III, 1
 - ii. The County nurse is available in Bear Valley for meeting access for people in Bear Valley
ACTION STEP: Teri McAlpin to compare laws/regulations to current by-laws and draft a revised version of the by-laws to be reviewed at the next regular meeting.
- b. Continued Discussion with Possible Action: MHB Meeting Platform Discussion – possibly return to in-person meetings, and determine location
- i. D. Goerlich obtained input from Dr. Johnson (County Medical Director), who stated in-person meetings are acceptable as long as participants wear masks and practice social distancing.
Motion was made and seconded to return to in-person meetings, to be held in the BHS community room AND via zoom to allow everyone the opportunity to attend, effective with the next regular meeting scheduled for 11/18/21.
MOTION: Kate Harvey
SECOND: Becky Thornburg
Ayes: Rita Lovell, Becky Thornburg, Kate Harvey, Deb Goerlich
Nays: None
Abstained: None
MOTION CARRIED
- c. Continued Discussion with Possible Action: Preparation of the 2021 CBHPC (California Behavioral Health Planning Council) Data Notebook and Survey
- i. A majority of the data required for this report is only obtainable by BHS staff as it pertains to client information.
 - ii. The Data Notebook has been forwarded to Nani Ellis, BHS Fiscal and Administrative Supervisor to gather the data.
 1. Once the data is collected, it will be forwarded to D. Goerlich to complete and submit the report.
ACTION STEP: BHS will assist MHB with obtaining the data, and provide it to D. Goerlich.
ACTION STEP: D. Goerlich will complete and submit the report once all data is obtained.

5. New Business

- a. Discussion with Possible Action: Mental Health Board trainings available, training requirements, and training documentation
 - i. There are specific trainings required by all MHB members.
 - ii. The link to training is available, and will be forwarded by D. Goerlich to all members.
ACTION STEP: D. Goerlich will forward the link with the required trainings to all members.
ACTION STEP: Members will complete the required training and forward proof of completion to T. McAlpin to be logged.

ACTION STEP: T. McAlpin will log all training completions as reported by MHB members.

- b. Discussion Only with No Action Required: Updated MHB Manuals developed for MHB members
 - i. Manual received by all members, Nichole, and Nani
 - ii. All members expressed thanks for the manual
- 6. ACBHS Director Report – Nichole Williamson, CAO, Interim BHS Director**
- a. BHS Director Status Update
 - i. Nichole Williamson is still the interim BHS Director
 - ii. Recruitment was active since August, but a significant number of qualified applications were received
 - iii. County is currently looking for a professional recruitment firm to recruit for multiple department-head positions in the County, including the BHS Director.
 - b. Clinical Supervision Status Update
 - i. Alpine County is currently contracted with Terry Rooney, a licensed psychologist and former BH Director.
 - ii. This position is also being actively recruited for, but is not included in the proposal for a professional recruiting firm.
 - iii. At this time, there have not been any applications received for this position.
 - c. MHSA Overview from BHS Staff – Dawn Riddle, MHSA Specialist
 - i. Overview of all MHSA programs and recent events was provided
- 7. Board Member Reports**
- a. Deb Goerlich (Chair)
 - i. Deb reported she has been making a concerted effort to attend Mental Health functions, including the recent comic relief event provided to the community, and Create the Good.
 - b. Rita Lovell (Vice Chair)
 - i. The Markleeville library does not have any support staff at this time.
 - ii. Rita reported she has been very busy with GSW and archiving work.
 - iii. The library is open as much as possible, Tuesday-Saturday.
 - 1. It is suggested that people call ahead to ensure someone will be there when they want to access the library.
 - c. Becky Thornburg
 - i. Becky expressed thanks for the MHB manual as it has been very helpful.
 - ii. Becky reported she will complete the required training.
 - iii. Becky expressed thanks to Dawn Riddle for her hard work on MHSA programming.
 - d. Dale Bennett
 - i. Not present

Approved as Submitted 3/24/2022

- e. Jane Sweeney
 - i. Not present

- f. Kate Harvey
 - i. Kate attended the Best Practices webinar to learn more about the role of members and requirements.
 - ii. Kate expressed thanks to Dawn Riddle for all of her hard work on MHSA programming, and for bringing the community together so much.
 - iii. Kate reported she will complete the required training and is looking forward to learning more about the MHB and requirements.

- g. Irvin Jim (BOS Supervisor Liaison)
 - i. Not present

8. Adjournment 1:06pm

The next scheduled meeting will be held on November 18, 2021, in person in the Community Room at BHS, and on Zoom for those who are not able to attend in person.

*Minutes drafted by: Teri McAlpin
Fiscal & Technical Specialist
Alpine County Behavioral Health Services*


Signature: Deb Goerlich, Chair
Mental Health Advisory Board
Approval Signature Date: _____