



Public Health Brief

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IN THESE TIMES, EVERYONE COULD USE A BOOST



**BOOST YOUR
PHYSICAL HEALTH**



**BOOST YOUR
SOCIAL HEALTH**



**BOOST YOUR PROTECTION
AGAINST COVID-19 NOW**

Along with the [new recommendation](#) for children ages 5 through 11 years to receive a booster shot, the CDC is strengthening its recommendation that those 12 and older who are immunocompromised and those 50 and older should receive a second booster dose at least 4 months after their first.

Over the past month we have seen steady increases in cases, with a steep and substantial increase in hospitalizations for older Americans. While older Americans have the highest coverage of any age group of first booster doses, most older Americans received their last dose (either their primary series or their first booster dose) many months ago, leaving many who are vulnerable without the protection they may need to prevent severe disease, hospitalization, and death.



Public Health

Prevent. Promote. Protect.

Alpine County Health Department, 75-B Diamond Valley Rd., Markleeville, CA 96120

Alpine County Board of Supervisors, Phone: (530) 694-2281

District 1: January Riddle, District 2: Ron Hames, District 3: Irvin Jim,

District 4: Terry Woodrow, District 5: David Griffith

COVID-19 vaccines work very well at preventing severe illness, hospitalization, and death. Booster shot are extra doses that help maximize your protection against COVID-19.

BOOSTERS ARE SAFE, EFFECTIVE, AND FREE

Alpine County has the Moderna vaccine for eligible persons 18 years of age and older.

Please contact us at 530-694-2146 Option 1 to register your interest.

For persons 12-17 years of age needing the Pfizer vaccine, check with your pharmacy for availability.

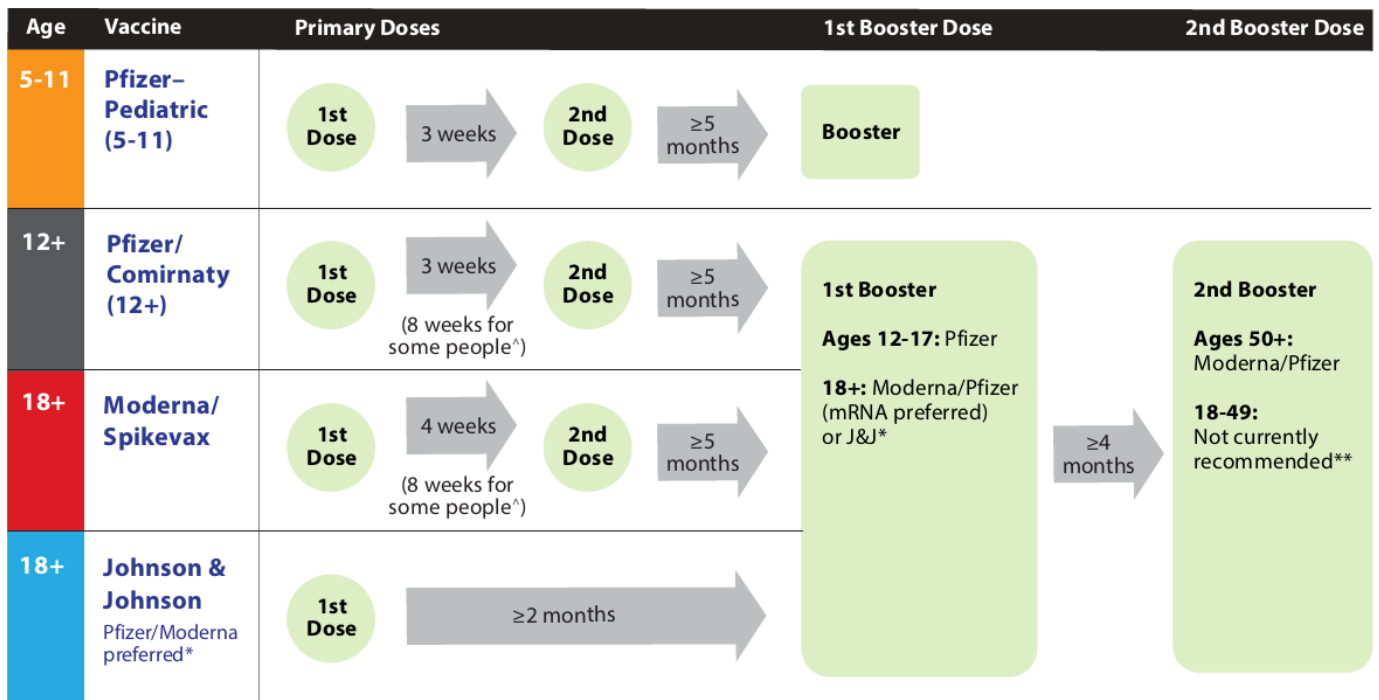
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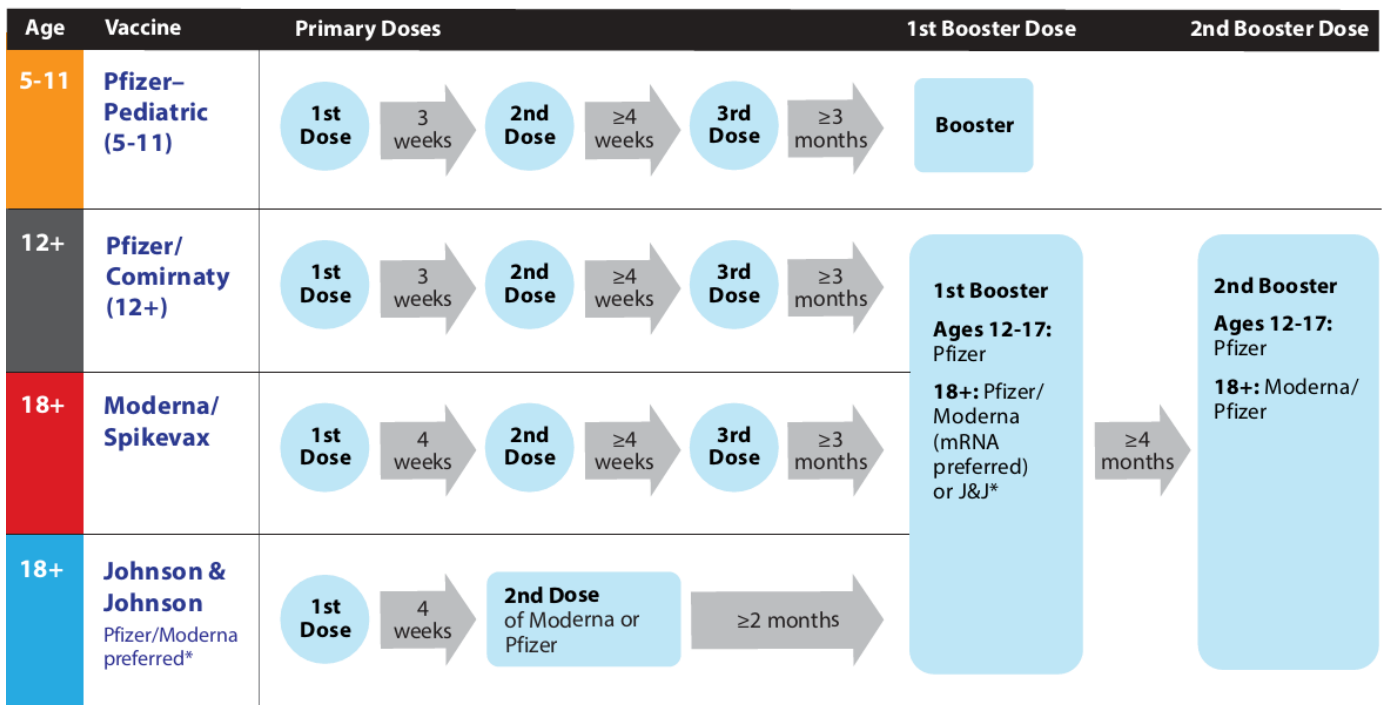
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Routine Schedule



Schedule if Moderately or Severely Immunocompromised



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