

WE NEED YOUR VOICE!



Alpine County Behavioral Health Services needs your presence on our Behavioral Health Advisory Board

\$\$\$\$ - Volunteers receive a stipend of **\$75** per meeting for giving us your time and expertise

HMMMMM....WHAT IS THE BEHAVIORAL HEALTH ADVISORY BOARD? The Behavioral Health Advisory Board for every County in California needs to include community members, consumers, and family members from all parts of the County who can help us understand the gaps in mental health and substance use services and how we can better meet everyone's needs. If you want some really fun reading, here is the link to CA State Welfare and Institutions Code for Behavioral Health Advisory Board roles and responsibilities:

<https://codes.findlaw.com/ca/welfare-and-institutions-code/wic-sect-5604-2/>

So...if you're:

- A high schooler interested in a career in recovery from addiction or mental health
- A veteran who can help us understand trauma related to military service
- An elder or tribal member who can guide us on what wellness means for you
- Any community member who wants to participate in creating mental health awareness and wellness in Alpine County **We would love to have you with us!**

WHEN ARE THE MEETINGS? We meet from noon -1:00 on the 4th Thursday of each month at Alpine County's Behavioral Health Services Community Room. **AND....we serve lunch from Mad Dog Café!**

REQUIREMENTS:

- We need Board members to attend at least nine out of twelve meetings per year.
- Be willing to participate in outreach events and participate in distributing surveys and information
- Make recommendations to our Behavioral Health Director on service needs and improvements

YAY! WHERE DO I SIGN UP? Please contact Kimball Pier, our Deputy Director of Behavioral Health Services at 530-694-1816